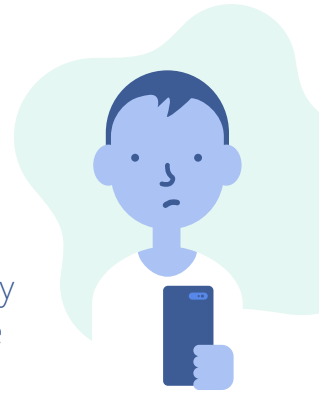


My Helpful Cards



Use these cards as prompts to encourage young people to apply any rules you have set to help them stay safe or as reminders of people they can go to for help. They can also be used as a way to express what they are worried about online.

My reminder

Clue:

Get help

Who can I call?

Who can I tell?

Apps I can use

I wish my mum/dad knew...



I am worried about

- A photo
- A message
- Gaming
- A video
- Something else

I wish my teacher knew

My family online rules

How do I?

